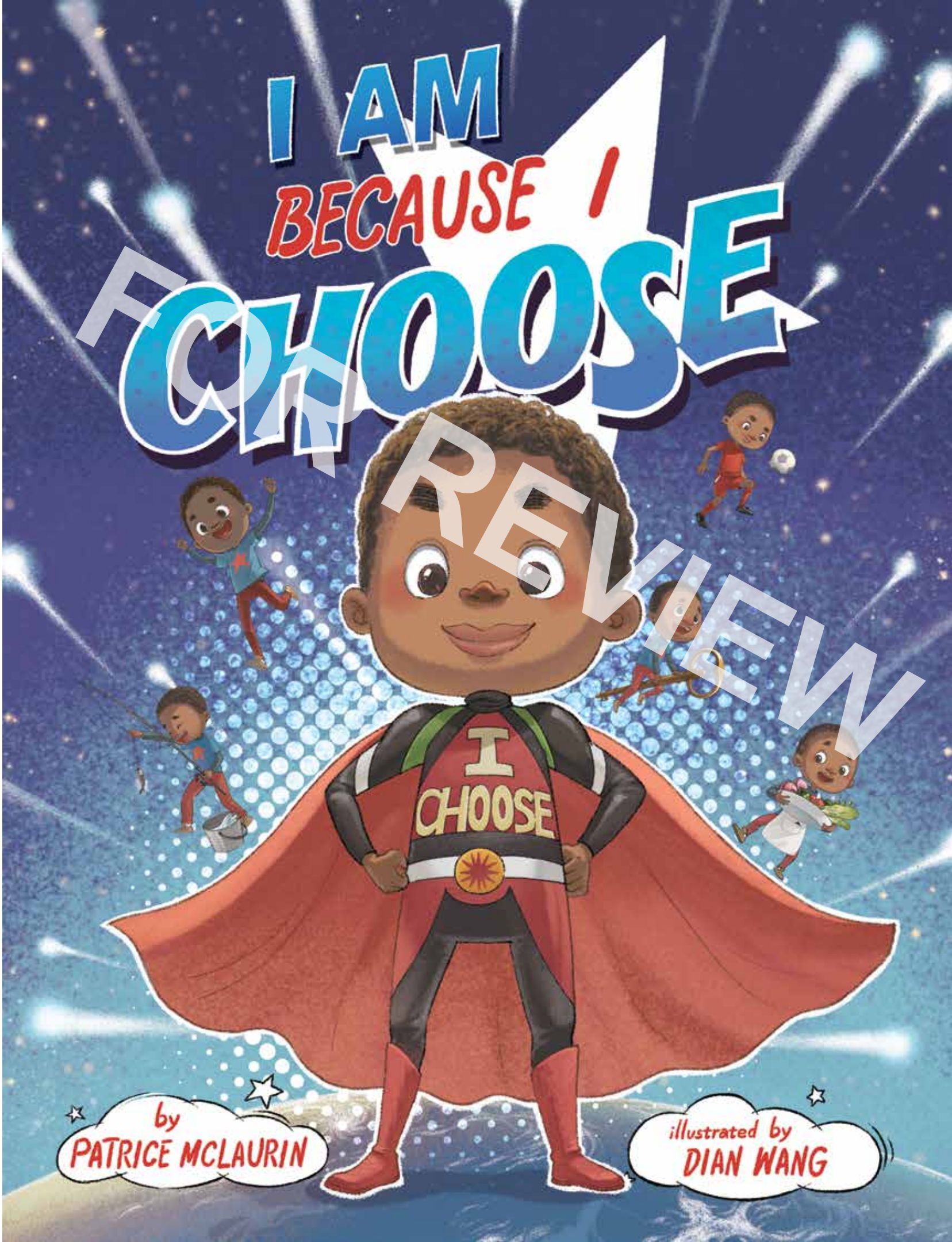
I AM
BECAUSE I
CHOOSE
I CHOOSE
by
PATRICE MCLAURIN
illustrated by
DIAN WANG

FOR REVIEW

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by Patrice McLaurin ** Illustrated by Dian Wang

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I Am Because I Choose by Patrice McLaurin

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Published by: KhemRah Publishing, LLC. Buford, GA
Illustrated by: Dian Wang
Creative Director: Darren McLaurin

ISBN: 978-0-9973152-8-8
Library of Congress Control Number: 2020909859
MARC Org Code: GaBukP

1. Children's 2. Picture 3. Poetry 4. Social Emotional Learning 5. Character Education

First Edition

KhemRah publishing

FOR REVIEW

For My Squad,

Darren, Khemi and Rahsun.

Your support during my journey has been unwavering.

My appreciation for you all is immeasurable.

I am ALL that I am,

in great part,

because of you.

FOR REVIEW

FOR REVIEW

I AM a good friend BECAUSE I CHOOSE to be kind.
I always keep my friends' feelings in mind.
I think of how I'd feel if I were in their shoes.
That's called empathy and empathy is pretty cool.

FOR REVIEW

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I AM a very good student BECAUSE I CHOOSE to read.

Leaders are readers, and I CHOOSE to lead.

The more that I know the easier it'll be to succeed.

And I CHOOSE success, so I CHOOSE to read.

FOR REVIEW

I AM excellent at sports BECAUSE I CHOOSE to practice.

If I don't get it right the first time,
I just get right back at it!

My mom calls that perseverance,
but I just call it fun.

I love playing sports! Am I the only one?

FOR REVIEW

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I AM responsible BECAUSE

I CHOOSE to complete my tasks.

Whether I'm at home or at school,

I finish them without being asked.

And that usually works out pretty well for me.

No problem with parents or teachers;

I call that smooth sailing.

FOR REVIEW

FOR REVIEW

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I AM healthy BECAUSE

I CHOOSE to eat good food.

Somehow fruits and vegetables

always brighten my mood!

They give me good energy

and vitamins too!

Without healthy snacks,

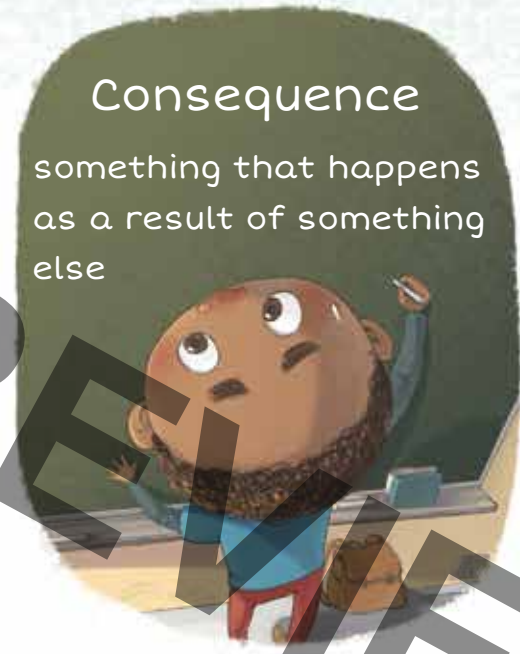
I don't know what I would do!

Glossary Terms

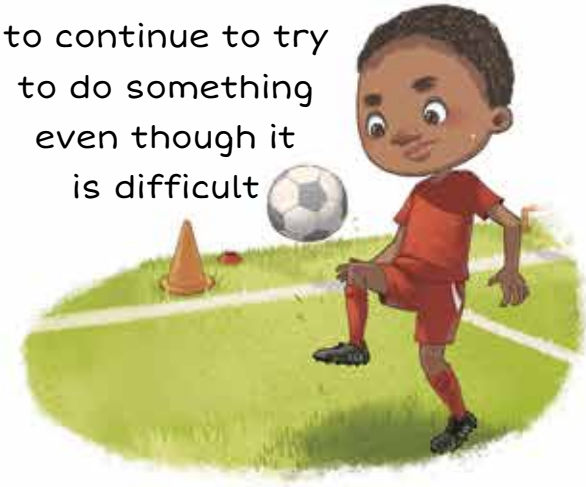
FOR REVIEW

Choose
to pick one or more from a group

Consequence
something that happens as a result of something else



Perseverance
to continue to try to do something even though it is difficult



Empathy
The ability to share and understand someone else's feelings

Elder
a person who is older, usually an adult

I Am Because I Choose encourages children to embrace their most amazing SUPERPOWER which is their power to CHOOSE! Each page **emboldens** children with the knowledge that they get to CHOOSE how they behave and **empowers** them by fostering ownership of their choices.

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