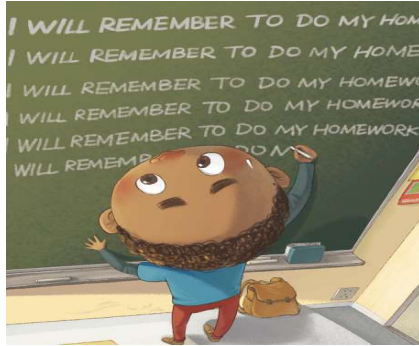


CHOOSE YOUR CONSEQUENCE



Goal: Students will be able to identify consequences based upon the choices that they make.

Activity: You Choose Your Consequence

Materials: "I Am Because I Choose" picture book, You Choose Your Consequence Activity Sheet

Directions: After reading the book, *I Am Because I Choose*, discuss the importance of recognizing consequences. Distribute and complete the You Choose Your Consequence activity sheet.

DISCUSSION: Express to students that a consequence is the thing that happens after every choice that we make. In other words, it is a reaction to an action taken. For example, if I choose to take the action of throwing a ball into the air, the reaction or consequence will be that the ball will fall back to the ground.

Consequences can be positive or negative, and that all depends on the type of choices that we make. For example, if you choose to run in the hallway, the consequence may be that you hurt yourself or someone else. If you choose to be kind to your classmates, the consequence could be that you'll have plenty of friends. As such, it is important to remember that we CHOOSE our consequences when we make particular choices.

Furthermore, it's important to remember that your consequences may sometimes affect other people. For example, let's say that you CHOOSE to run in class and accidentally knock over your friend's science project. How does this consequence affect you? How does this consequence affect your friend? *Leave students with the conclusion that running in the classroom ruined friend's science project.*

Let student's know that today they're going to work on an activity that will allow them to identify possible consequences of particular choices made.

ACTIVITY: YOU CHOOSE YOUR CONSEQUENCE

1. Distribute the You Choose Your Consequences activity.
2. Have students read the directions and follow them accordingly.
3. If you'd like, upon completion, feel free to have students cut out their Choice and Consequence boxes, mix them with the other students and weigh out all of the possible consequences!

*****If students are unable to read or write well enough to complete the activity alone, let them know that you are going to read choices to them. After each choice is read, have them tell you the possible consequences.***

REFLECTION: Remind students that consequences are simply reactions to the choices that we make. Our ***choices are our own personal super power*** because the only person who can make our choices for us is us. As such, if we want to ensure that good things happen for us, then ***we have to be sure to use our super power for good and make good choices.***

YOU CHOOSE YOUR CONSEQUENCE

Directions: Fill in a possible consequence that could happen if you made these choices.

<p>CHOICE You choose to cheat on a test.</p> <p>CONSEQUENCE</p> <hr/> <hr/> <hr/>	<p>CHOICE You choose to practice math everyday.</p> <p>CONSEQUENCE</p> <hr/> <hr/> <hr/>	<p>CHOICE You choose to save your money to buy your mom a gift.</p> <p>CONSEQUENCE</p> <hr/> <hr/> <hr/>
<p>CHOICE You choose to steal candy from a store.</p> <p>CONSEQUENCE</p> <hr/> <hr/> <hr/>	<p>CHOICE You choose to study for your test.</p> <p>CONSEQUENCE</p> <hr/> <hr/> <hr/>	<p>CHOICE You choose to teach your brother how to ride his bicycle.</p> <p>CONSEQUENCE</p> <hr/> <hr/> <hr/>
<p>CHOICE You choose to stay up late to watch TV on a school night.</p> <p>CONSEQUENCE</p> <hr/> <hr/> <hr/>	<p>CHOICE You choose to be a good friend.</p> <p>CONSEQUENCE</p> <hr/> <hr/> <hr/>	<p>CHOICE You choose to eat candy on a regular basis.</p> <p>CONSEQUENCE</p> <hr/> <hr/> <hr/>