



# Pathway to Perseverance

**Goal:** Students will identify activities that require perseverance and track their own efforts as they work through challenges, reinforcing the importance of not giving up.

**Activities:** True or False. Perseverance Pathway, and I Can Persevere

**Materials:** Printable worksheets  
Pencil or crayons/markers for self reflections

**Directions:** Students will identify activities that require perseverance; complete the Perseverance Pathway and practice writing with a self-reflection writing prompt



Name: \_\_\_\_\_

# True or False?

Fill in the bubble to identify whether or not each activity requires perseverance.

True

False



Learning to tie my shoes requires perseverance.



Eating my lunch requires perseverance.



Trying again after making a mistake requires perseverance.



Playing my favorite game requires perseverance.



Practicing my reading everyday requires perseverance.

Name: \_\_\_\_\_

# Perseverance Pathway

Start at the beginning of the pathway. Each stop has a mini task. After completing each task, color the section of the pathway.

## Fix a Mistake

Draw a picture, then pretend you made a mistake (like coloring outside the lines). Find a way to fix it or turn it into something even better.

## Complete the Tower

Build a small tower using blocks or anything stackable (e.g., books or cups). If it falls down, try again until you make it taller.

## Keep Going, Even When It's Tough

Try something physically challenging (standing on one leg, or running in place). See how long you can keep going before you need to rest, then try again!

## Practice Makes Progress

Choose something that takes practice (e.g., skipping, hopping, writing your name). Practice it 5 times, and each time try to get a little better.

## The Balancing Act

Take a small object (like a book or a ball) and see how long you can balance it on your head or hand. Start with a few seconds and try to increase the time with each attempt. Keep trying until you can balance it for 30 seconds or longer!

## Solve a Tricky Puzzle

Complete a simple puzzle, like arranging shapes, solving a riddle, or finding your way through a maze. If you get stuck, keep trying!

## Try a New Skill

Think of something you've never done before (e.g., balancing on one foot, tying your shoe, or drawing a new shape). Try it 3 times!

Start Here



Name: \_\_\_\_\_

# I Can Persevere!

Reflect on an activity where you practiced perseverance and succeeded!

What is something you had to keep trying to do until you got better at it?

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How did you feel after you didn't give up?

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